



Govt. Degree College Sainj

NSS Activity

(Session:2025-26)

www.gdcSainj.edu.in

<https://gdcSainj.edu.in/campus/nactivities/>

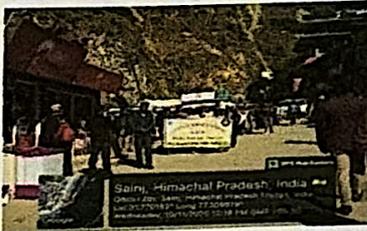
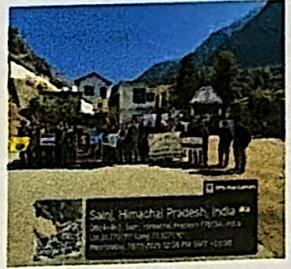
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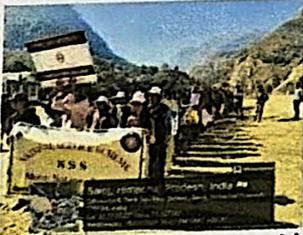
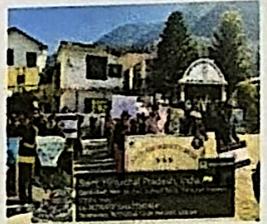


| Sr. No. | Particulars | Remarks |
|---------|--|--|
| 1 | Date | 19 th November 2025 |
| 2 | Name of Activity | Say No to Tobacco Awareness Rally |
| 3 | Name of Unit/Agency/Department Organizing the Activity | Drug Abuse Prevention & Counselling Club, NSS Unit, Rover and Ranger and Red Ribbon Club |
| 4 | Name of Collaborating Agency (If Any) | — |
| 5 | No. of Student Participants | 42 |
| 6 | No. of Teacher Participants | 4 |

Brief Report:
On 19th November 2025, the NSS Unit and Rover and Ranger unit, Drug Abuse Prevention & Counselling Club and Red

Ribbon of the college jointly organized a **“Say No to Tobacco Awareness Rally”** in the Sainj market to spread awareness about the harmful effects of tobacco use. Students carried banners and the dangers of tobacco. The rally local community tobacco-related promoting a healthy interacted with shopkeepers and residents, urging them to avoid tobacco products and adopt safer habits. The activity created a strong message against tobacco consumption and helped increase public awareness. Overall, the rally was successful and received positive support from the local community.

slogans highlighting smoking and chewing aimed to educate the about preventing diseases and lifestyle. Participants

राजकीय महाविद्यालय सैज में तम्बाकू-मुक्त अभियान के तहत रैली व पोस्टर प्रतियोगिता आयोजित




Organizer
Drug Abuse Prevention & Counselling Club
NSS Unit *(P.O NSS)*
Rover and Ranger *(Dewan)*
Red Ribbon Club *(Khandel)*

Principal *(Signature)*
Govt. Degree College Sainj
Principal District Kullu (H.P.)
Govt. Degree College
Sainj, Distt Kullu (H.P.)

NSS Activity

Attendance Chart

Activity: Say No To Tobacco Awareness Rally Date: 19th Nov 2005

| Sr. No. | Name | Roll. No. | Sign. |
|---------|---------------|------------------|---------------------|
| 1. | Vijay Kumar | 202413002010051 | <i>Vijay</i> |
| 2. | Ankita Bhatti | 20241300201001 | <i>Ankita</i> |
| 3. | Pooja Thakur | 2023010020 | <i>Pooja Thakur</i> |
| 4. | Parvati Devi | 2023013001022 | <i>Parvati Devi</i> |
| 5. | Gayatri | 202413002010044 | <i>Gayatri</i> |
| 6. | Rishika | 202413002010018 | <i>Rishika</i> |
| 7. | Bavita | 202413002010041 | <i>Bavita</i> |
| 8. | Archal | 202301300201003 | <i>Archal</i> |
| 9. | Nitish Thakur | 202413002010012 | <i>Nitish</i> |
| 10. | Himani Thakur | 20241300201007 | <i>Himani</i> |
| 11. | Riya Devi | 20241300201042 | <i>Riya</i> |
| 12. | Simran Thakur | 20241300201023 | <i>Simran</i> |
| 13. | Bhama | 202301300204001 | <i>Bhama</i> |
| 14. | Kavita Thakur | 20240130020433 | <i>Kavita</i> |
| 15. | Nirna Devi | 2023013002010039 | <i>Nirna</i> |
| 16. | Sakshi Thakur | 2023013002010053 | <i>Sakshi</i> |
| 17. | Shivani | 202413002010027 | <i>Shivani</i> |
| 18. | Chandavati | 202413002010004 | <i>Chandavati</i> |
| 19. | Indu Chauhan | 202413002010008 | <i>Indu</i> |
| 20. | Charvati Devi | 20231300201006 | <i>Charvati</i> |
| 21. | Ritam | 202413002010017 | <i>Ritam</i> |
| 22. | Subhash | 202413002010022 | <i>Subhash</i> |
| 23. | Vedvanti | 202301300201041 | <i>Vedvanti</i> |
| 24. | Neha Thakur | 202301300201020 | <i>Neha</i> |
| 25. | Kanika | 202301300201059 | <i>Kanika</i> |
| 26. | Parvathi | 202301300201024 | <i>Parvathi</i> |
| 27. | Binitu | 202413007010163 | <i>Binitu</i> |
| 28. | Varun | 202413002010038 | <i>Varun</i> |
| 29. | Sayak Rana | 202413002010037 | <i>Sayak Rana</i> |
| 30. | Subhash Kumar | 202413002010049 | <i>Subhash</i> |
| 31. | Hem Lata | 202413002010006 | <i>Hem</i> |
| 32. | Anita Devi | 202413002010001 | <i>Anita</i> |
| 33. | Reena Thakur | 202413002010016 | <i>Reena</i> |
| 34. | Kalpana Negi | 202413002010048 | <i>Kalpana</i> |
| 35. | Tara Devi | 202413002010024 | <i>Tara</i> |
| 36. | Prema Devi | 202413002010015 | <i>Prema</i> |
| 37. | Dalima Devi | 202413002010050 | <i>Dalima</i> |
| 38. | Chandni | 202413002010081 | <i>Chandni</i> |
| 39. | Kanta | 202413002010009 | <i>Kanta</i> |
| 40. | Sajna | 202413002010019 | <i>Sajna</i> |
| 41. | Nyashita Negi | 202413002010056 | <i>Nyashita</i> |
| 42. | Secma Devi | 202413002010020 | <i>Secma</i> |

Prashant
(P.O NSS)

N O
Principal
Govt. Degree College
Sainj, Distt K. (H.P.)